

H1N1

Response and Responsibility

Overview

- Swine Influenza is a respiratory disease of pigs caused by type A influenza.
- First outbreak in U.S was April 2009 and is now been detected through out the United States.
- H1N1 influenza is spread as most flu's by respiratory droplets by coughing sneezing, touching infected objects.
- People do not catch swine flu from eating pork or pork products.
- High risk population children 5 to 18 years of age.
- Disinfectants that kill flu; soap detergent bleach.
- Viruses can survive on surfaces for 2 hours or more.
- Each year season influenza result on average an estimated 36,000 deaths and more than 200,000 hospitalizations.
- H1N1 has at least this same potential.



Take these everyday steps to protect your health:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.*
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.) Keep away from others as much as possible to keep from making others sick.
- Clean and disinfect surfaces frequently: Regular disinfecting of all "touch surfaces": elevator call plates and buttons, elevator interiors, stairwell railings, door handles, restrooms, and other common areas using a disinfectant cleaner.

Institutional Responsibility

Business Continuity Plan Components:

- √ Communication
- √ Training
- √ Ventilation and Air Conditioning checks
- √ Accounting of Personnel. (Status and Tracking)
- √ Emergency Care and Protocol
- √ Critical Vendor identification and coordination (Cleaning vendor)
- √ Financial Analysis, decreased business activity, employee absenteeism, Cost of Hygiene supplies, etc.



Cleaning Contractor Procedural Responsibilities

- Use disposable gloves for all cleaning functions.
- Utilize personal hygiene procedure.
- Disinfect cleaning equipment
- Coordinate with facility contact appropriate modification of cleaning specification which would include:
- Disinfection of shared areas with Type A effective disinfectants: **Telephones- faucets- toilet flushes- restroom counters- kitchen equipment- counters- doorknobs- computer equipment- chair arm rests- photocopier- elevator controls- light switches.** (Frequency increasing with evidence of contamination.)

MOST CURRENT H1N1 INFO <http://www.cdc.gov/h1n1flu/>

Other resources: 1-800-CDC-INFO (1-800-232-4636)

Click here to visit our website



For more information on AM-PM's practices and recommendation on the H1N1 visit our website at www.ampmcleaning.com or contact Glisel Alvarado at 1-800-696-AM-PM.