



# THE CUSTODIAN

295 Weston Street Waltham, MA 02453 (781) 622-1444 FAX (781) 622-1601 www.ampmcleaning.com

## “Our Cleaners Do Make a Difference”



Luis Cosme-Cintron, AM-PM Cleaning Corporation’s Day Porter for Extrusion Technology of Randolph is pictured here with the Director of Human Resources, Bonnie Niven, and Process Engineer, Mark Woodford. Luis was recommended and recognized by AM-PM and Mark Woodford to receive the Employee of the Month Award. This is an award for outstanding performance recognized by both companies as making a difference! Prior to AM-PM Cleaning Corporation, cleaning of the facility had been a challenge because of the three-shift operation of the building. We recommended providing “day” cleaning as an option. It worked! Luis makes it work! Congratulations Luis for a great job!



*By Karen Perkins  
Customer Service Manager*

## 2008 Providence Business Expo



Pawtucket Red Sox mascot visits Glisel Alvarado and Karen Perkins at AM-PM booth.



## AM-PM LEEDS THE WAY.

LEED (Leadership in Energy and Environmental Design) is the Commercial Building Industry’s recognition to the growing concern for the environment. Through the USGBC (United States Green Building Council), the industry is taking a responsible role in reducing negative impact to health and to the environment by establishing accreditation to facilities which take conscious action and follow specific guidelines for their operations.

LEED has been in existence since the year 2000 and is gaining ever increasing momentum because the end users, tenant private companies and tenant public companies that want their working spaces to be positive “environments”. Building materials, durable equipment, indoor air quality, waste management, water and energy consumption are just some of the impact areas that buildings need to consider. AM-PM, as a supplier of services to buildings, contributes to processes and procedures that are consistent with “green cleaning” and LEED Certification.

For many years now, AM-PM has been utilizing a “green cleaning” philosophy conscious environmentally friendly approach. For example AM-PM has been using green certified cleaning chemicals, using HEPA filtered vacuums, using automatic chemical dilution systems, promoting hands free soap and paper dispensers, recycling our own plastic containers and executing recycling programs.

*By David Staaf  
Customer Service Manager*



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## Search for Services Provided by AM-PM Cleaning

u e r n f c x w t i p  
 p z e c g m s e r s o  
 h q r v b o a c u w s  
 o d a y p o r t e r t  
 l i c o t r n e c l c  
 s a r x h j k m z x o  
 t o o y b l c n q i n  
 e l o r y s a a t y s  
 r b l e h k e y i c t  
 y g f p f p l r j l r  
 q x e a o i p h c e u  
 z a n r a t e p r a c  
 w i n d o w b l e n t  
 g l i s e l f k v r i  
 c l e a n r o o m y o  
 s t o n e c a r e d n

- |            |                   |
|------------|-------------------|
| carpet     | post construction |
| clean room | stone care        |
| day porter | upholstery        |
| daily      | weekly            |
| drapery    | window            |
| floor Care |                   |

### WELCOME NEW CUSTOMERS!

- ◆ TD Banknorth—Bradford
- ◆ The Rivers School— Weston
- ◆ Dominion Diagnostics- N. Kingston, Rhode Island
- ◆ Waltham Boys and Girls Club
- ◆ Davol, Inc.—Warwick, RI



## EMPLOYEES

Did you know that AM-PM offers direct deposit?

Your pay can be directly deposited into your existing checking or savings account and will be available to you on Friday each week. There is no cost to you, and it's easy to sign up! Simply provide a voided check, complete the AM-PM Direct Deposit Form, and submit both to the Payroll Department at the home office. Employees will continue to receive a regular check for approximately two weeks after the form is submitted. After that, your pay will be deposited directly into your bank account from AM-PM. A stub that looks like your check is provided to you with your pay information on it. You can have your check divided any way you wish into your checking and your savings accounts! Take advantage of this convenience offered to you today!

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We feel very proud that when it comes to the environment we have been doing it right. Please contact us for more information on how AM-PM Cleaning Corporation can help your building become a more healthy and environmentally positive place to be for everyone.



## Chip Shots

With the warm weather upon us – Golf comes to many minds. I offer you “Chip Shots”. Sometimes a different look on the everyday and sometimes just

a pointer on golf. This one is about golf.

Ever wonder how you could make more putts?

Follow these tips to improve your putting:

1. *Eye & Head Movement* are the two killers of a good putting stroke. *Watching* the putter go back and through causes *head movement*, the major reasons for missing putts. Both of these will cause inconsistent contact and result. TIP: During the putting stroke, fix your eyes on a dimple of the golf ball until the stroke has ended.

2. Imagine that the palm of your right hand is the face of the putter. Instead of trying to initiate the stroke with your shoulders, feel as if you take the palm of your right hand backwards and then through as you make the stroke. You will feel the putter swing a little more, helping you release the putter down the line of the stroke.

Follow these simple tips as a way to quickly improve your putting.



By Chip Larzelere  
Marketing Manager

## ISO 9001 Re-certification

AM-PM Cleaning Corporation has achieved its ISO 9001 re-certification for 2008!

Based on documentation and the on site assessment of our quality system, the audit team passed certification with ZERO non-conformities, an exceptional feat by ISO standards. With this re-certification, you can continue to expect that your janitorial services will be handled with the most professional, safe and monitored process in the industry.

## Saluting Loyalty Saludando a la lealtad Saudando fidelid-

AM-PM would like to congratulate the following employees on their hard work and dedicated years of service.

### 5 Years of Service

Carlos Melo Gonzales  
Arianny Pena  
Victor Manuel Gonzales  
Jose D. Santos Eutaquio  
Adriano A. Almonte

### 10 Years of Service

Zelia Santos Sousa

### 15 Years of Service

Orlando Guerrero